

PEDIATRIC MEDIC FIRST AID

This 2-day course includes instruction for CPR and first aid for adult, child, and infant victims. Learn how to treat common childhood injuries and emergencies. A 2-year certification card will be issued upon completion by MEDIC FIRST AID, International. *This course is approved by California EMSA for childcare providers; EMSA completion stickers for your card are \$6 and is payable at the first class.*

AGE: 12+

INSTRUCTOR: Cathy Statham

LOCATION: OCC Meeting Rm

DAY/TIME: Wed & Thu, 5-9pm

FEE: \$60 (\$63 NR)

SESSION DATE: Aug 25 & 26

CPR RECERTIFICATION

This four-hour class is for those who have passed a CPR class and want to renew their certification. Proof of prior certification must be shown. Upon successful completion of the course, you'll receive a Red Cross certificate, valid for one year.

AGE: 15+

INSTRUCTOR: ORPD Staff

LOCATION: OCC Meeting Room A

DAY/TIME: Tue, 5:30-9:30pm

FEE: \$20 (\$23 NR)

Session 1 May 25

Session 2 July 27

Session 3 Aug 24

ULTIMATE CHOCOLATE TRUFFLES

Learn to make elegant truffles with a variety of luscious fillings in just one day. You'll be shown how to flavor basic ganaches (fillings) with liquers and oils. Go home with a dozen truffles in a gift box, recipes notes and tips, and your own truffle molds. Whether you show-off, share, or just keep your truffles to yourself, you're sure to enjoy this sweet class. Supply fee is paid to the instructor at class. You must pre-register three days in advance. Additional supplies to take home can be purchased at class.

AGE: 12+

INSTRUCTOR: Karen Moore

LOCATION: Orangevale Community Ctr.

FEE: \$35 (\$38 NR), plus \$12 supply fee

Session 1 Wed July 28 7-9pm

New! SKATE DECK BUILDING AND DESIGN

Have you ever wanted to build and design your own skateboard or longboard? Now you can because SDC has an innovative course that teaches you how to build a deck from scratch using "thin air press" technology. All decks are built using 7 layers of rock hard maple veneer just like pro-model decks! After pressing and shaping your deck it is time to get creative and apply your own art and graphics; making the deck truly unique. Class participants will learn basic veneering practices, art application, and design techniques. All participants will receive a SDC designed t-shirt! Trucks, wheels, and bearings not included, but we do offer quality product at an extremely low price. *A supply fee is to be paid to instructor at the first class; skate board \$40, long board \$45.*

AGE: 8-17

INSTRUCTORS: Jonas Heppner & Nick Davison

LOCATION: Fair Oaks Arts & Craft Building, Rm A, 7997 California Ave., Fair Oaks

CLASS FEE: \$50 (\$53 NR)

DAY/TIME: M/W/F, 6:30-8:30pm

Session 1A Skate Board, June 7-18

Session 1B Long Board, June 7-18

**New!****SKATE DECK DESIGN CLASS**

Just want to design your own deck? SDC has created a class just for that! Participants will receive a skateboard or longboard that is already pressed. Participants will get the chance to apply their very own art and graphics; making the deck truly unique. Class participants will learn art application, and design techniques. All participants will receive a SDC designed t-shirt! Trucks, wheels, and bearings not included, but we do offer quality product at an extremely low price. *A supply fee is paid to instructor at the first class; skate board \$35, long board \$40.*

AGE: 8-17

INSTRUCTORS: Jonas Heppner & Nick Davison

LOCATION: Fair Oaks Arts & Craft Building, Rm A, 7997 California Ave., Fair Oaks

CLASS FEE: \$40 (\$43 NR)

DAY/TIME: M/W/F, 6:30-8:30pm

Session 1A Skate Board, June 14-18

Session 1B Long Board, June 14-18

New! INK & OIL ON GLASS & ONE STROKE ACRYLIC PAINTING

Join us and have fun learning to paint with ink and oil on glass and "one stroke" basic acrylic painting of fibrals. No artistic talent is needed. You will be able to paint animals, roses, sun-flowers, daisies and much more. *Student provides art supplies.*

AGE: 18+

INSTRUCTOR: Linda Chandler

LOCATION: Arts & Crafts Bldg.,

7997 California Ave. Fair Oaks

DAY/TIME: Thu, 1:30-4pm

FEE: 10 classes for \$30

Session 1 May

Session 2 June

Session 3 July

Session 4 August



BECOME A NOTARY PUBLIC

Online Course

Expand your career opportunities! Notaries are needed in real estate, banking, insurance, and law. Now you can prepare for the Notary Public exam online! This course is approved by the California Secretary of State and will prepare you to become a safe and knowledgeable Notary for the State of California. With interactive quizzes and a practice exam at the end, the online course is comprehensive. Learn new laws, how to identify signers, and the functions and duties of a Notary Public. If you don't pass the exam after taking this course, take the course again for free! Proof of Completion awarded at the end of the course. Instructors are available by phone and e-mail if you need help. Once you register for the course, we'll give you access to the course within 24 hours. Register today for this convenient training to successfully pass the notary public examination.

AGES: 18+

INSTRUCTOR: Perfect Notary

FEE: \$45

ADULT POTTERY

Come have fun playing in the mud! Experience one of the most ancient & relaxing art forms while learning different techniques to create your own individual works of art. Hand building as well as wheel throwing will be offered. Emphasis is on fun – while exploring your creative side. Although this is a beginning class, all levels are welcome. *Please bring an \$22 materials fee payable to instructor at first class.*

AGE: 18+

INSTRUCTOR: Michelle Lueth

LOCATION: Arts & Crafts Bldg.,
7997 California Ave. Fair Oaks

DAY: Wednesday

FEE: \$71 (\$74 NR)

Session 1a	May 12-June 2	12:30-2:30pm
Session 1b	May 12-June 2	3:30-5:30pm
Session 2a	June 16-July 7	12:30-2:30pm
Session 2b	June 16-July 7	3:30-5:30pm
Session 3a	July 14-Aug 4	12:30-2:30pm
Session 3b	July 14-Aug 4	3:30-5:30pm
Session 4a	Aug 25-Sept 15	12:30-2:30pm
Session 4b	Aug 25-Sept 15	3:30-5:30pm



Want to Teach a Class?

We are looking for fun and energetic instructors to teach recreation classes. Do you have expertise, special training and experience in a skill that others might want to learn? Share that interest, talent or skill with others in your own community. Teach classes for children or adults! We're interested in all types of classes too – art, crafts, cooking, senior exercise, woodworking – just to name a few. The Orangevale Recreation & Parks District accepts new instructor proposals throughout the year. Proposed classes can vary in length from a one day workshop to a six week class. If you're interested, just pick up an "Instructor Proposal Form" from the District Office inside the Orangevale Community Center at 6826 Hazel Ave. For details, please call the District office at (916) 988-6140.

BEG. BALLROOM DANCE

Wouldn't it be nice to glide around the dance floor with your partner at weddings, office parties, or out socializing? If you answered "YES!", this is the class for you. Learn the basics such as how to lead and follow a partner. Dances taught include the Waltz, Fox Trot, Cha Cha, and Rumba. This class is for adult couples.

AGE: 18+

INSTRUCTOR: Meghan Kerins

LOCATION: Fair Oaks Clubhouse Aud.
7997 California Ave., FO

DAY/TIME: Mondays, 8-9pm

FEE: \$50/couple (\$53/couple NR)

Session 1 May 10-June 7 (no class May 31)

Session 2 June 14-July 19 (no class on June 28 & July 5)

Session 3 Aug 30-Sept 27 (no class Sept 6)

SWING

Don't watch from the sidelines anymore! Become part of the action! Now's the time to "swing" into action. This class will teach you footwork, turns, and how to lead or follow any partner.

AGE: 18+

INSTRUCTOR: Meghan Kerins

LOCATION: Fair Oaks Clubhouse Aud.

DAY/TIME: Mondays, 6:45-7:45pm

FEE: \$50/couple (\$53/couple NR)

Intermediate Swing

Session 1 May 10-June 7 (no class May 31)

Session 2 June 14-July 19 (no class on June 28 & July 5)

Session 3 Aug 30-Sept 27 (no class Sept 6)

DOG OBEDIENCE

A well behaved dog is a joy! In the beginning course, you'll learn to teach your dog the basic dozen commands to ensure proper canine etiquette. Also, gain some helpful information about the care, history, and psychology of the canine. Dogs must be at least 12 weeks old, and have had at least two series of basic shots. Bring your dog, a six-foot nylon or leather leash and vaccination certificates to the first class. *(One handler per dog, please.)*

AGE: Dog owners, ages 18+

INSTRUCTOR: Rose Behlendorf

LOCATION: Youth Center Parking Lot

DAY/TIME: Tuesday, 7-8pm

FEE: \$55 (\$58 NR)

Session 1 May 18-June 22