

Joe Berico's SUMMER SOCCER CAMP

Let instructor Joe Berico teach your child the fundamentals of soccer. In this two-week camp, your child learns the basic skills, techniques, and tactics of soccer necessary for a developing soccer player. Joe Berico is a former Brazilian soccer professional. He played alongside world famous Pele in the North American Bicentennial Select Team in 1976. *Participants should bring water bottle and wear soccer shoes.*

LOCATION: Orangevale Community Center Park

AGE: 8 to 18 years

DAY/TIME: Mon - Fri, 10am-12pm

FEE: \$50 (\$53 NR)

SESSION DATE: July 12-23

Casa Roble Camps

SUMMER FOOTBALL WEIGHTS & CONDITIONING

Open to football players only. Train and prepare for the upcoming high school football season. From June 14 to July 22 this program consists of two parts, a weight room workout and a field workout. Between July 26 and August 5, program is conditioning only. Program also includes some evening workouts and passing league contests. Participants receive a practice jersey only.

GRADES: 9th-12th

INSTRUCTOR: Casa Roble Football Chs.

DAY/TIME: 9th & 10 Graders - Mon-Thu, 10am-noon

DAY/TIME: Varsity Players - Mon-Thu, 7:30-10am

LOCATION: Casa Roble High School Football Field & Weight Room

FEE: \$150

SESSION DATE: June 14-Aug 5

Must be going into 9th grade or higher

SPRING FOOTBALL CONDITIONING

Want to play football in the fall? Well, now's the time to start getting into shape. Casa Roble High School coaches will put you through the drills to help get you prepared for high school football. Open to Casa Roble students. Students need to bring shorts and football shoes.

GRADES: 9th-11th

INSTRUCTOR: Casa Roble Football Coaches

DAY/TIME: Mon & Tue / 3-5pm • Thur / 6-8pm

LOCATION: Casa Roble High School Football Field

FEE: \$10

SESSION DATE: May 10-27

Must be currently in 9th grade or higher



MIDDLE SCHOOL SUMMER CONDITIONING & SPORTS CAMP

**Basketball • Volleyball • Wrestling
Track & Field • Strength & Conditioning**

Calling all middle school athletes! Take the summer to improve your athletic skills and abilities by attending this five week sports camp. Maximize your physical potential through strength and conditioning exercises, while improving your techniques and skills in your sport with daily practice. Each day is broken down into three sport sessions so athletes can improve in more than one sport. Don't wait until Fall to get in shape when you can enroll in this Sports Camp and get ahead in your game. All campers receive a camp T-shirt. A parent/participant orientation meeting will be held on Thursday June 17 at the school.

AGE: Incoming 6th-8th grade boys & girls

INSTRUCTORS: Dana Smith, Steve Wildanger, Brendan Farrell

DAY/TIME: Mon-Fri, 8am-12pm

LOCATION: Carnegie Middle School

FEE: \$200 (\$175 before June 4)

SESSION DATE: June 21-July 16



Rec'ing Crew

**A day camp just for ages 6 to 12
for a SUMMER filled with FUN & ADVENTURE**
Crafts! Games! Sports!
Swimming every Tuesday and Thursday
Field trip every Wednesday!

Camp Location: Orangevale Activity Building
Regular Camp Hours: Monday thru Friday, 9 am to 3 pm
Extended Camp Hours: Monday thru Friday, 7 am to 6 pm

Send your child on an adventure this summer with the Rec'ing Crew!
 By joining the Rec'ing Crew, your child will have an action packed,
 high energy, fun recreation experience. Each day is full of
 themed activities! Campers bring their own lunch and snacks.
 Extended hour campers please bring 2 snacks.

Rec'ing Crew Weekly Sessions

Session 1: June 14-18	<i>Summer Blast Off</i>	TRIP: John's Incredible Pizza
Session 2: June 21-25	<i>Shake, Rattle & Bowl</i>	TRIP: Bowling
Session 3: June 28-July 2* (*No camp July 5)	<i>Mission Impossible</i>	TRIP: Movie: Toy Story 3
Session 4: July 6-9	<i>Ride the Slides</i>	TRIP: Sunsplash
Session 5: July 12-16	<i>Enjoy the Party</i>	TRIP: Ice Skating
Session 6: July 19-23	<i>Fun Factor</i>	TRIP: Golfland Laser Tag/Arcade
Session 7: July 26-30	<i>Rollin' Back</i>	TRIP: Roller Skating
Session 8: Aug 2-6	<i>Pirate Treasure</i>	TRIP: CSUS Aquatic Center
Session 9: Aug 9-13	<i>Safari Adventure</i>	TRIP: Discovery Kingdom



REC'ING CREW WEEKLY CAMP FEES

	<i>5 days</i>	<i>4 days</i>	<i>3 days</i>
Session 1, 2, 3, 5, 6, 7, 8			
Camp (9am-3pm)	\$120 (\$123 NR)	\$111 (\$114 NR)	\$101 (\$104 NR)
with extended hours (7am-6pm)	\$155 (\$158 NR)	\$139 (\$142NR)	\$122 (\$125 NR)
Session 4			
Camp (9am-3pm)		\$120 (\$123 NR)	\$111 (\$114NR)
with extended hours (7am-6pm)		\$155 (\$158 NR)	\$139 (\$142 NR)
Session 9			
Camp (9am-3pm)	\$140 (\$143 NR)	\$131 (\$134 NR)	\$117 (\$120 NR)
with extended hours (7am-6pm)	\$171 (\$174 NR)	\$155 (\$158 NR)	\$138 (\$141 NR)